




# MT GROUP EXERCISE SCHEDULE – SUMMER

# LIV<sup>North</sup>

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Functional Yoga</b> <i>Andrea</i> 12:15-1:00	<b>Well Built Bootcamp</b> <i>Marisha</i> 12:15-1:00		
				



Please sign-up prior to class on the Millennium Tower Member Portal.

This is a dynamic schedule and may change with member needs.

\*Class instructor may vary due to injury/illness.

